## AA CORRECTIONS PRE-RELEASE CONTACT PROGRAM

If you are within 6 months of your earliest anticipated release date and are interested in AA, you may want to take advantage of The Pre-Release Program. It is designed to connect newly released inmates with an AA member who can take you to meetings, introduce you to other A A members, and help you get comfortable in AA. Your "Pre-release Contact" is there to support you, answer your questions and will explain the AA program of recovery. They will *not* provide housing, food, clothing, jobs, money, or other such services.

Past experience has shown that attending an AA meeting as soon as possible after release is key to making a sober transition to life outside prison.

## A.A. Corrections Pre-release Contact Program Procedures

- 1. Fill in the Pre-release Request form at the bottom of this page and mail it to the "Corrections Committee Pre-release, P 0 Box 670, Royal Oak, MI 48068-670."
- 2. Once we have your request, the Pre-release Coordinator will write to you confirming receipt and will look for a volunteer in the location you will be released to. <u>If the Pre-release Coordinator fails to contact you within a few weeks, or you do not hear from a volunteer, PLEASE SEE ATTACHED FORM OF LOCAL CENTRAL OFFICES AND CALL ONE OF THEM WHEN YOU ARE RELEASED-THEY WILL <u>GUIDE YOU TO THE NEAREST AA MEETING</u>.</u>
- 3. Once a volunteer has been located, they will make contact. You and the "Pre-release Contact" will set up a meeting at the time of your release. Please include your anticipated date of release, when you will arrive in the local area and an address and (if available) a phone number where you may be reached.
- 4. The Prerelease Contact will help get you to a meeting and will help you become involved with AA in the local community.
- 5. Please remember that the Pre-release Contact is there to make your transition from "inside" to "outside" A.A. meetings as comfortable as possible. There is no "schedule"; it is up to you and your Contact to decide together when the time is right for the Pre-release Contact to rotate on to helping someone new.

| Pre-release Contact Requested By: | (Detatch here)   |     |           |
|-----------------------------------|------------------|-----|-----------|
| Inmate Name:                      |                  |     |           |
| Doc Number:                       | Date of Release: |     |           |
| Doc Facility:                     |                  |     |           |
| Doc Mailing Address:              |                  |     |           |
| City:                             | State            | · ; | Zip Code: |
| Will Be Released To:              |                  |     |           |
| Contact Name (if applicable):     |                  |     |           |
| Address:                          |                  |     |           |
| City:                             | State            | · ; | Zip Code: |
| Phone #:                          |                  |     |           |
|                                   |                  |     |           |

Please mail this request to: Correctional Committee Pre-release P.O. Box 670

Royal Oak, MI 48068-0670